

the type 2 diabetes pdf

The types of diabetes are type 1, type 2, and a condition called gestational diabetes, which happens when pregnant. If you have diabetes, your body either doesn't make enough insulin, it can't use the

Type 2 Diabetes

4 UMHS Management of Type 2 Diabetes Mellitus June, 2017 . Table 5. Targeting and Monitoring Glycemic Control in Patients with Diabetes Mellitus . Target A1c should be defined based on personal assessment of risks and benefits of treatment. Listed below are factors that limit the benefit of tight control*, or heighten the risk of tight control,**.

Management of Type 2 Diabetes Mellitus - Michigan Medicine

Diagnosis and Management of Type 2 Diabetes Mellitus in Adults Sixteenth Edition/July 2014. Institute for Clinical Systems Improvement www.icsi.org 6 Foreword Introduction Diabetes is a chronic disease, that afflicts approximately 26.9% of U.S. residents aged 65 years and older. 1.9

Health Care Guideline Diagnosis and Management of Type 2

With type 2 diabetes, the more common type, your body does not make or use insulin well. Insulin is a hormone that helps glucose get into your cells to give them energy. Without insulin, too much glucose stays in your blood. Over time, high blood glucose can lead to serious problems with your heart, eyes, kidneys, nerves, and gums and teeth.

Type 2 Diabetes| Adult-Onset Diabetes | MedlinePlus

More than 30 million Americans have diabetes (about 1 in 10), and 90% to 95% of them have type 2 diabetes. Type 2 diabetes most often develops in people over age 45, but more and more children, teens, and young adults are also developing it.

Type 2 Diabetes | Basics | Diabetes | CDC

This guideline covers the care and management of type 2 diabetes in adults (aged 18 and over). It focuses on patient education, dietary advice, managing cardiovascular risk, managing blood glucose

Type 2 diabetes in adults: management - NICE

Type 2 Diabetes FACTS " Focus on Carbohydrate, Fibre and Glycemic Index Over time, high blood sugar causes damage to your blood vessels and can result in blindness, heart disease, kidney problems, circulation problems, nerve damage and erectile dysfunction.

EATING PLAN FOR TYPE 2 DIABETES - cvtoolbox.com

Getting Past the Guilt of Type 2. See how one patient learned to manage her weight and diet.

Type 2 Diabetes Guide - WebMD

DAILY DIABETES MEAL PLANNING GUIDE ... diabetes educator (CDE), hospital, or local diabetes association for the ... *Round, butter-type 6 Saltines 6 Graham cracker (2 ½-inch square) 3 J Popcorn *With butter Fruit Juice3 cups Lower fat or no fat added Apple, grapefruit, orange, pineapple3 cups ...

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